

# Coronavirus Awareness

## Who is this course aimed at?

For people who want to be more aware of coronavirus, its symptoms and gain guidance on minimising its spread

## Course Aims

To provide awareness of coronavirus, its symptoms and provide guidance on minimising its spread

## Learning Outcomes

- Be aware of some background information regarding coronaviruses
- Know how COVID-19 is different to flu
- Be aware of how the infection is spread
- Recognise some symptoms of COVID-19 infection
- Identify ways to minimise the spread of infection
- Understand some precautions that can be taken to prevent its spread
- Be able to demonstrate good hand washing technique
- Recognise the importance of using correct PPE
- Be aware of good Nutrition and Hydration
- Understand your responsibilities

## Course available as

### E-Learning

**Course Length:** 45 Mins

## Contact Us

For more information, or to book any of our courses, please contact us on 01706 375578