

# Learning Disabilities

Mental Health

## Who is this course aimed at?

This course is aimed at anyone who works with adults with learning disabilities.

## Course Aims

To be able to care for those with Learning Disabilities

## Learning Outcomes

- Know the definition of Learning Disability
- Understand some of the causes of Learning Disability
- Be aware of medical conditions that cause Learning Disability
- Know techniques for effective communication with those who have Learning Disabilities
- Understand why challenging behaviour may occur.
- Be aware of techniques for dealing with such behaviour.
- Recognise the impact that caring for those with Learning Difficulties can have on family and carers.
- Be able to define capacity
- Know how capacity can be assessed.
- Know the different forms of care available.
- Understand how to implement a person-centred approach to care.

## Course available as

### Face to Face

**Course Length:** 3 Hours

## Contact Us

For more information, or to book any of our courses, please contact us on 01706 375578