

# Chronic Conditions

Nursing

## Who is this course aimed at?

This course is aimed at those caring for adults who suffer from chronic conditions.

## Course Aims

To have a grounding in common chronic conditions, their causes, and their health risks.

## Learning Outcomes

- By the end of this course you will be able to:
- Understand what a chronic condition is
- Know the causes and symptoms of diabetes.
- Be aware of the causes and symptoms of COPD.
- Know the causes and symptoms of Heart Disease and Heart Failure.
- Know the types, causes, and symptoms of a stroke.
- Understand what counts as obesity, what may cause it, and related illnesses
- Know the 2 key forms of arthritis, and their symptoms.
- Know what it is, and its symptoms.
- Understand what counts as Hypertension, and the associated health risks
- Know the common forms of treatment and what they do for many of the chronic conditions

## Course available as

**Face to Face**

**Course Length:** 6 Hours

## Contact Us

For more information, or to book any of our courses, please contact us on 01706 375578