

# Bowel Care and Colostomy

Nursing

## Who is this course aimed at?

This course is aimed at anyone involved in the care of those who have undergone colostomy surgery.

## Course Aims

To be able to care for those who have undergone colostomy surgery.

## Learning Outcomes

- Know what colostomy surgery is
- Be aware of the indications for the procedure
- Recognise the different types of colostomy
- Know how to care for people immediately post-surgery
- Know how to replace a colostomy bag
- Understand how to irrigate a stoma
- Recognise the nutritional needs of those with stomas
- Be aware of the medication needs of those with stomas
- Know how to care for the stoma site
- Understand how colostomy surgery can affect mental health
- Be aware of common complications of colostomy surgery

## Course available as

**Face to Face**

**Course Length:** 3 Hours

## Contact Us

For more information, or to book any of our courses, please contact us on 01706 375578